

# 2008 MIAC Women's Soccer Awards

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St. Paul, Minn. -- The Minnesota Intercollegiate Athletic Conference (MIAC) announced the 2008 MIAC Women's Soccer Awards today, November 17, 2008. Leading the 20-player All-Conference team is St. Thomas junior forward Erin Sprangers who was named the 2008 MIAC Player of the Year. Sprangers helped the Tommies to the MIAC Regular Season title while leading the conference in goals (9), assists (5), and points (23).

St. Thomas head coach Sheila McGill was named the MIAC Coach of the Year in her second season leading the Tommies. St. Thomas finished 9-0-2 in conference play winning their first outright MIAC crown since 1987.

As part of a conference-wide sportsmanship initiative, the MIAC announced the third annual All-MIAC Sportsmanship team for women's soccer. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

Player of the Year - Erin Sprangers, St. Thomas (Jr., Woodbury, Minn./Hill-Murray)

Coach of the Year - Sheila McGill, St. Thomas (2nd season)

## 2008 MIAC All-Conference

| Name             | School         | Year | Position | Hometown/High School                  |
|------------------|----------------|------|----------|---------------------------------------|
| K.C. Beed        | St. Olaf       | So.  | M        | Rochester, Minn./John Marshall        |
| Chelsea Craven   | Gustavus       | Jr.  | F        | St. Cloud, Minn./Cathedral            |
| Brittini Deeb    | St. Catherine  | So.  | D        | Lake Elmo, Minn./Creighton            |
| Maggie DeGroot   | Augsburg       | Sr.  | GK       | Waukesha, Wis./West                   |
| Felicia Faison   | Augsburg       | Sr.  | D        | Minneapolis, Minn./South              |
| Abby Habein      | Concordia      | So.  | M        | Billings, Mont./Senior                |
| Sam Johnson      | Concordia      | So.  | M/F      | Fargo, N.D./North                     |
| Mallory Koula    | Hamline        | Fy.  | F        | Appleton, Wis./Kimberly               |
| Jenny Lee        | Macalester     | Sr.  | GK       | Circle Pines, Minn./Centennial        |
| Rachel Loftus    | Saint Benedict | Sr.  | D        | Savage, Minn./Holy Angels             |
| Maddie Mette     | Macalester     | Jr.  | D        | Burnsville, Minn.                     |
| Kirsten Moran    | St. Thomas     | Jr.  | F        | Southlake, Texas/Carroll              |
| Stephanie Paasch | St. Thomas     | Sr.  | D        | Cottage Grove, Minn./Park             |
| Charli Sorensen  | Bethel         | Sr.  | GK       | Park Ridge, Ill./Maine South          |
| Erin Sprangers   | St. Thomas     | Jr.  | M        | Woodbury, Minn./Hill-Murray           |
| Alison Tourville | Saint Benedict | Jr.  | M/D      | Plymouth, Minn./Robbinsdale Armstrong |
| Courtney Walior  | St. Thomas     | Sr.  | D        | Prior Lake, Minn.                     |
| Abby Wills       | Carleton       | Fy.  | M/F      | Portland, Ore./St. Mary's             |
| Sophie Wood      | Carleton       | Sr.  | D        | Lake Bluff, Ill./Lake Forest          |

|          |          |     |   |                 |
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| Mia Zutz | Carleton | Jr. | M | Middleton, Wis. |
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#### 2008 MIAC Honorable Mention All-Conference

| Name               | School         | Year | Position | Hometown/High School                      |
|--------------------|----------------|------|----------|-------------------------------------------|
| Emily Berg         | Saint Mary's   | Sr.  | D        | Owatonna, Minn.                           |
| Nicky Bloom        | Carleton       | Sr.  | M        | Evanston, Ill./Evanston Township          |
| Callie Christensen | Gustavus       | Sr.  | M        | Bloomington, Minn./Jefferson              |
| Alison Dittmer     | Gustavus       | Jr.  | D        | Plymouth, Minn./Osseo                     |
| Whitney Holman     | Augsburg       | Jr.  | D        | New Hope, Minn./Robbinsdale Armstrong     |
| Liz Hormann        | Macalester     | Sr.  | D        | Salem, Ore./South Salem                   |
| Rachel Iblings     | Gustavus       | Jr.  | D        | Plymouth, Minn./Robbinsdale Armstrong     |
| Jamie Kelly        | Hamline        | So.  | F        | White Bear Lake, Minn.                    |
| Kristin Kishaba    | Bethel         | Sr.  | D/M      | Eau Claire, Wis./Memorial                 |
| Abie Krause        | St. Thomas     | Sr.  | M        | Minneapolis, Minn./Benilde-St. Margaret's |
| Haley Leverington  | Hamline        | Jr.  | M        | Burnsville, Minn.                         |
| Katie Medd         | Augsburg       | Sr.  | F        | Mankato, Minn./East                       |
| Christina Mills    | St. Olaf       | Jr.  | D        | White Bear Lake, Minn./St. Paul Academy   |
| Kelsey Nistler     | St. Catherine  | So.  | F        | Champlin, Minn./Champlin Park             |
| Susan Obermiller   | Concordia      | So.  | F/M      | Fargo, N.D./North                         |
| Mariana Sanchez    | Saint Mary's   | Jr.  | GK       | Puebla, Mexico                            |
| Deanne Schmidt     | St. Olaf       | Fy.  | M        | Lincoln, Neb./East                        |
| Nicole Tomita      | Carleton       | Fy.  | F        | Redwood City, Calif./Woodside             |
| Kelsey Watsabaugh  | Augsburg       | Sr.  | M        | Eden Prairie, Minn./Hopkins               |
| Emily Willaert     | Saint Benedict | Jr.  | M        | North Mankato, Minn./Loyola               |

#### 2008 All-MIAC Sportsmanship Team

Augsburg - Maggie DeGroot (Sr., Waukesha, Wis.)

Bethel - Kylie Dirks (Sr., Excelsior, Minn.)

Carleton - Merritt Swain (So., Mendota Heights, Minn.)

Concordia - Becky Shepherd (Sr., Burnsville, Minn.)

Gustavus - Ashley Voigtlander (Sr., Lino Lakes, Minn.)

Hamline - Lizzie Steinert (Jr., Chicago, Ill.)

Macalester - Lauryn Gutierrez (So., Hickory, N.C.)

Saint Benedict - Maria Conroy (Sr., Monticello, Minn.)

St. Catherine - Brittany Bernsten (Sr., Rosemount, Minn.)

Saint Mary's - Emily Berg (Sr., Owatonna, Minn.)

St. Olaf - Christina Mills (Jr., White Bear Lake, Minn.)

St. Thomas - Alison True (Jr., Wauwatosa, Wis.)